



# Euphon<sup>®</sup> Syrup

Codeine, dry aqueous extract of *erysimum officinale* maltodextrin

Read this leaflet carefully before taking this medicine. It contains important information about your treatment.

If you have any questions or any doubts, ask your pharmacist or your doctor for more information.

- Keep this leaflet – you may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If symptoms worsen or persist, consult your doctor.
- If any side effect gets serious, or if you notice a side effect not listed in this leaflet, please refer to your doctor or pharmacist.

## In this leaflet:

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### 1. WHAT IS EUPHON<sup>®</sup> SYRUP AND WHAT IS IT USED FOR?

This medication is a cough suppressant. It is recommended for soothing dry or tickling coughs.

### 2. WHAT INFORMATION SHOULD YOU KNOW BEFORE TAKING EUPHON<sup>®</sup> SYRUP?

**Euphon<sup>®</sup> Syrup should never be taken:**

- By children under 30 months,
- If you suffer from shortness of breath,
- If you have an asthmatic cough,
- If you suffer from a known allergy to any of the ingredients, particularly methylparaben, propylparaben or cochineal red A.

#### **Special warnings :** Take care with EUPHON SYRUP

- Do not use this medicine to treat a productive cough. A productive cough is one of the body's natural defence mechanisms for evacuating bronchial secretions.
- If the cough becomes productive and you suffer from congestion, expectoration (ejection of bronchial secretions when you spit) or fever, consult your doctor.
- In the event of chronic illness (over a long period of time) affecting your lungs and your bronchi, accompanied by expectoration, you must consult your doctor.

**Warning!** The alcoholic strength of this syrup is 2.7% (v/v) equivalent to 320 mg of alcohol in one 15 mL tablespoon or a 15 mL measuring beaker, 213 mg in a 10 mL measuring beaker or 107 mg in a 5 mL measuring beaker.

This medicine contains cochineal red A and so may result in allergic reactions or asthma particularly in people who are allergic to aspirin.

#### **Special precautions for use**

- Elderly patients, patients with impaired hepatic function (patients suffering from serious liver diseases).
- At the start of the treatment, only half of the dosage should be administered. This can then be increased depending on the results and level of tolerance.
- You must avoid alcoholic drinks during this treatment.
- Patients suffering from diabetes should bear in mind the sugar content: 10.28 g per tablespoon.

This medicine contains alcohol. You should therefore inform your doctor if you suffer from liver disease or epilepsy, or if you are pregnant or breastfeeding.

#### **Taking or using other medicine**

This medicine contains a cough suppressant – codeine. Other medications contain it, or contain a different cough suppressant. Do not combine them in order to avoid exceeding the maximum recommended dose (see section on dosage). If you are taking or have recently taken any other medicines, including medicines obtained without a prescription, tell your doctor or pharmacist.

#### **Pregnancy and Breastfeeding**

- It is not recommended to use this medicine if you are pregnant or breastfeeding.
- Consult your doctor if you are pregnant or breastfeeding.
- Ask your doctor or pharmacist for advice before taking any medicine.

#### **Athletes**

Warning: this medicine contains a substance that can trigger a positive result in anti-doping tests.

#### **Driving and using machines**

People who drive vehicles (cars and bicycles/motorcycles) and people who operate machinery should be aware that using this medicine can cause drowsiness.

Patients will begin to feel less drowsy after several doses; it might be preferable to start taking the medicine in the evening. The feeling of drowsiness will be exacerbated by alcoholic beverages.

#### **Excipients with known effects**

Alcohol, sucrose, cochineal red A (E124), methylparaben (E218) and propylparaben (E216).

### 3. HOW TO TAKE EUPHON<sup>®</sup> SYRUP?

This medication should only be taken when you start coughing. For example, if you only cough in the evening, a single dosage may be enough. If taking the medication does not have any effect, do not take more than the recommended dosage and do not use it in combination with another cough suppressant. Instead, consult your doctor.

The usual dosage is as follows:

- **Adults:** 1 to 2 tablespoon or graduated measures (15 mL) of syrup per dosage. Repeat every 6 hours if necessary, without exceeding 4 dosages per day.
- **Children aged 12 years and over:** Children of 40 to 50 kg (approximately 12 to 15 years old): 1 graduated measure (15 mL) or tablespoon of syrup per dosage. Repeat every 6 hours if necessary, without exceeding 4 dosages per day.

To be taken orally. Treatment should be short (a few days).

If you have taken more Euphon<sup>®</sup> Syrup than you should have done: seek your doctor's advice.

If you have forgotten to take Euphon<sup>®</sup> Syrup: take the medication as prescribed when you remember.

**Effects which may appear when you stop taking Euphon<sup>®</sup> Syrup:** none, apart from the reappearance of the disorders for which the medication was prescribed in the first place.

### 4. POSSIBLE SIDE-EFFECTS

Like all medicines, EUPHON syrup can cause side effects, although these don't affect everyone.

- constipation,
- drowsiness,
- vertigo,
- nausea, vomiting,
- breathing difficulties,
- allergic skin reactions.

These should not stop the treatment. You should tell your doctor so that the treatment can be modified.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

### 5. HOW TO STORE EUPHON<sup>®</sup> SYRUP?

Keep the product out of the reach and sight of children. The bottle should be used within 30 days after opening. Do not use after the expiry date shown on the outer box. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6. ADDITIONAL INFORMATION

#### **Composition**

**The active substances are :**

Codeine.....	0,100 g
Dry aqueous extract of <i>erysimum officinale</i> maltodextrin.....	0.300 g (maltodextrin included in the weight extract: 0.090 to 0.120 g) .....
For 100 mL of syrup.	0,300 g

**The other ingredients are:** citric acid monohydrate, cochineal red A, natural raspberry flavour, methylparaben, propylparaben, alcohol, sucrose solution, purified water.

**Alcoholic strength:** 2.7 % V/V.

1 tablespoon or a 15 mL measuring beaker contains:

- 15 mg of codeine
- 10.28 g of sucrose
- 320 mg of absolute alcohol

A 10 mL measuring beaker contains:

- 10 mg of codeine
- 6.85 g of sucrose
- 213 mg of absolute alcohol

A 5 mL measuring beaker contains:

- 5 mg of codeine
- 3.43 g of sucrose
- 107 mg of absolute alcohol

#### **What EUPHON SYRUP looks like and contents of the pack?**

This medicine is presented in the form of a syrup. 300 ml bottle with measuring beaker.

#### **Marketing Authorisation Holder/Manufacturer**

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This patient information leaflet was last approved in: january 2014.



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